

## **University installs energy-producing workout equipment**

July 24 -- Students working out at an Ohio University recreation center will be able to produce a little bit of alternative energy while working up a sweat.

The Athens, Ohio, university has installed 20 elliptical machines that will produce electricity from the students' use of the equipment.

A 30-minute workout will provide enough electricity to run a standard light bulb for 45 minutes, the school said.

"Installing the ReCardio system allows us to demonstrate how energy is created and used," said Assistant Dean for Recreation and Wellness Douglas Franklin. "I think it's important to create an environment that actively models best practices regarding sustainability rather than just talking about it."

Ohio University said it is one of nine universities in the country using the ReCardio system.

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